

Total No. of Questions: 4

Total No. of Printed Pages: 1

AISSMS College of Hotel Management and Catering Technology, Pune

Seat No:

[0607]/VSEC117/2026/BHMCT_SEM1

FYBHMCT (First Semester) Examination, 2026

VSEC117 - Personality Development

(2025 Pattern)

Time: 1 Hour

Maximum Marks: 15

Instructions: -

- (i) Solve any three questions**
- (ii) All questions carry equal marks.**
- (iii) Draw diagrams wherever necessary.**

Q1. Explain the terms :

- A) Etiquette [1]**
- B) Negative attitude [1]**
- C) Mentee [1]**
- D) Mental Health [1]**
- E) PAC Model [1]**

Q2. Write a short note on Johari Window. [5]

Q3. List the benefits of having a positive attitude. Give relevant examples. [5]

Q4. State some adjustments that can be done for ensuring better mental health of an employee. [5]
