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AISSMS College of Hotel Management and Catering Technology, Pune

Seat No.

[0607]/VSEC117/2025/BHMCT\_SEM1

FYBHMCT (First Semester) Examination, 2025

VSEC117 - PERSONALITY DEVELOPMENT

(2025 Pattern)

Time: 1 Hour

Maximum Marks: 15

Instructions: -

- i. Solve *any three questions*
- ii. All questions carry *equal marks*.
- iii. *Draw* diagrams wherever *necessary*.

Q.1. *Explain the terms :*

- |                           |     |
|---------------------------|-----|
| A) Networking             | [1] |
| B) Personality            | [1] |
| C) Self Esteem            | [1] |
| D) Mentor                 | [1] |
| E) Transactional Analysis | [1] |

Q.2. Explain SWOT. State its uses. [5]

Q.3. What is mental health? What are some of the adjustments at the workplace for better mental health of employees? [5]

Q.4. List five personal etiquette rules to be followed at workplace. [5]

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